About the Simulators
The Life/form® Cervical Dilation/Effacement Simulators are designed to facilitate the teaching, demonstration, and practice of cervical examination prior to birth. Every effort has been made to provide exceptional realism in these simulators so that the visual and tactile sensations experienced provide a positive transition to patient procedures.

Internal Structure
The complete set of simulators consists of six separate pelvic blocks. The external appearance of all six blocks is identical with the variations being in the internal structure. Internal texture, tissue density, and correct anatomical size are all carefully represented to provide the most realistic condition possible.

The simulators depict six different cervical conditions prior to birth. Each pelvic block is clearly identified on the bottom to indicate which condition exists internally. The different conditions depicted are:

- **Stage 1**  No dilation
  - No effacement
- **Stage 2**  2 cm dilation
  - 50% effacement
- **Stage 3**  2 cm dilation
  - Full effacement
- **Stage 4**  5 cm dilation
  - Full effacement
- **Stage 5**  7 cm dilation
  - Full effacement
- **Stage 6**  9 cm dilation
  - Full effacement

With predetermined measurements of the internal cervical condition, all guesswork or estimating on the part of the student and instructor is eliminated. Everyone’s tactile understanding of 2, 5, 7, and 9 cm dilation and effacement conditions is identical, eliminating misconceptions and inaccurate patient condition evaluations.

General Instructions for Use
The use of gloves and liberal use of lubricant teach and reinforce good practices and are essential to protect the physical properties of the simulators. The simulators must be treated like patients. Rough usage and lack of lubrication will generate tears in the soft tissue walls.

Care of the Simulators
Store simulators in clean plastic bags. The soft plastic used in the simulators does attract dust. As in a real situation, the user should practice care and good hygiene to assure the lasting life and clean appearance of the simulators.

Solvents or other corrosive materials will damage the simulators. Never place simulators on newsprint or any kind of printed paper or plastic. Avoid contact with ball-point pens. These materials will transfer an indelible stain.

Normal soil accumulated on the surface of the simulators can be removed with mild soap and lukewarm water. Use Nasco Cleaner (LF09919U) to remove stubborn stains from simulators. Simply spray the soiled area and wipe clean with a soft cloth or paper towels.

Cautions
DO NOT use any petroleum-based lubricant. Such materials will cause rapid deterioration and permanent damage. Use Life/form® Lubricant Kit (LF00985U) or Ivory® liquid detergent only.

Supplies/Replacement Parts
- LF09919U  Nasco Cleaner
- LF00985U  Life/form® Lubricant Kit
Other Available Life/form® Simulators

- LF00698U Adult Injectable Arm (White)
- LF00855U Male Catheterization
- LF00856U Female Catheterization
- LF00901U Prostate Examination
- LF00906U Ostomy Care
- LF00929U Surgical Bandaging
- LF00957U Enema Administration
- LF00958U Pediatric Injectable Arm
- LF00961U Intramuscular Injection
- LF00984U Breast Examination
- LF00995U Arterial Puncture Arm
- LF00999U Pediatric Injectable Head
- LF01005U First Aid Arm
- LF01008U Intradermal Injection Arm
- LF01012U Heart Catheterization (TPN)
- LF01019U Ear Examination
- LF01027U Peritoneal Dialysis
- LF01028U Suture Practice Arm
- LF01034U Suture Practice Leg
- LF01036U Spinal Injection
- LF01037U Hemodialysis Practice Arm
- LF01038U Episiotomy Suturing Set
- LF01042U Suture Kit
- LF01062U Pelvic, Normal & Abnormal
- LF01063U Stump Bandaging, Upper
- LF01064U Stump Bandaging, Lower
- LF01069U Cervical Effacement
- LF01070U Birthing Station
- LF01082U Cricothyrotomy
- LF01083U Tracheostomy Care
- LF01084U Sigmoidoscopic Examination
- LF01087U Central Venous Cannulation
- LF01095U Blood Pressure Arm
- LF01108U Infant Intraosseous Infusion
- LF01121U Advanced IV Arm
- LF01131U Venipuncture and Injection Arm
- LF01139U Advanced IV Hand
- LF01142U Auscultation Trainer
- LF01143U Testicular Exam
- LF01152U Male & Female Catheter
- LF01155U Advanced CPR Dog
- LF01162U Venatech IV Trainer
- LF01174U NG Tube & Trach Skills
- LF01184U Venatech IM & Sub Q
- LF01193U Special Needs Baby
- LF03000U CPRLENE® Series
- LF03601U Adult Airway Management Trainer with Stand
- LF03602U Adult Airway Management Manikin
- LF03609U Child Airway Management Trainer with Stand
- LF03616U Child CRiSiS™ Manikin
- LF03617U Deluxe Child CRiSiS™ Manikin with Arrhythmia Tutor
- LF03620U PALS Update Kit
- LF03623U Infant Airway Management Trainer with Stand
- LF03632U Child Intraosseous Infusion/Femoral Access Leg on a Stand
- LF03633U Child Airway Management Trainer Torso
- LF03693U Basic Buddy® CPR Manikin
- LF03699U “Airway Larry” Airway Management Trainer
- LF03709U Infant CRiSiS™ Manikin
- LF03720U Baby Buddy™ Infant CPR Manikin
- LF03750U Fat Old Fred
- LF03760U Airway Management/Cricoid Pressure Trainer
- LF03770U Chest Tube
- LF03953U CRiSiS™ Manikin, Complete
- LF03955U Deluxe CRiSiS™ Manikin
- LF03956U Deluxe “Plus” CRiSiS™ Manikin
- LF03965U Adult CRiSiS™ Auscultation Manikin
- LF03966U Adult CRiSiS™ Auscultation Manikin with ECG Simulator
- LF04000U GERi™/KERi™ Manikin Series
- LF04200U Adult Ster nal Intraosseous Infusion
- LF06001U CPR Prompt® Adult/Child Manikin
- LF06012U CPR Prompt® Infant Manikin
- LF06200U CPR Prompt® Keychain Rescue Aid
- LF06204U CPR Prompt® Rescue and Practice Aid

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